

EVERY DAY ...



6 YOUNG PEOPLE ARE TOLD THEY HAVE **CANCER**



*Registered
Charity number
1062559*

Teenage Cancer Trust relies on people like me undertaking challenges to persuade **people like you** to support the charity's efforts to improve the lives of young people with cancer.





Maria was diagnosed with bone cancer at the age of 14 and again at the age of 16 when she relapsed.



Sam was diagnosed with Hodgkin's lymphoma, Stage II, when he was 16.



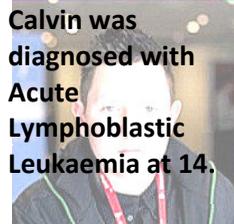
Maya was diagnosed with Hodgkin's disease in her last year at university.



Anthony is 19 and has Leukaemia. He is currently receiving chemotherapy at Teenage Cancer Trust's unit at University College London Hospital.



Kim was diagnosed with Ewing's sarcoma in her thigh at the age of 18.



Calvin was diagnosed with Acute Lymphoblastic Leukaemia at 14.

Calvin: "Teenage Cancer Trust really opened my eyes - to see so many other teenagers who had various cancers getting on with their lives. It made every day feel like normal just being with young people going through the same thing as me. It was really good being able to talk to them about all the stuff you don't want to ask your mum about."

Teenage Cancer Trust funds and builds specialist units for young people in NHS hospitals. Young people have a much better chance in their fight against cancer if they are treated by teenage cancer experts, in an environment tailored to their needs. It can hinder their treatment and recovery if they are taken away from their everyday life – and put in a cancer ward with small children or older people. Teenage Cancer Trust units aren't like ordinary cancer wards. Everything about them has been designed to give teenagers the very best chance of a positive outcome.

Every young person with cancer in this country should have that chance.



TREKRAISE

THIS IS MY **11TH TREK** FOR TEENAGE CANCER TRUST. YOU CAN SEE MY TREKKING CV, DOWNLOAD REPORTS OF PREVIOUS TREKS, VIEW A MOVING VIDEO ABOUT TEENAGE CANCER, AND SPONSOR ME, AT

www.trekraise.com

To raise money for Teenage Cancer Trust, I'm trekking in the Cardamom Mountains in Cambodia, in October 2012.

Our 9-day trip takes us through hilly terrain still largely covered by dense, steamy tropical forests, in this rarely visited corner of Cambodia. After the fall of the genocidal Pol Pot regime in the 1970s, many Khmer Rouge soldiers retreated to these mountains, and the area has only recently opened up for trekking. These days the inhabitants include snakes and a wide variety of bugs - I'm stocking up on insect repellent already!



The itinerary includes numerous waterfalls and caves, and a large lake covered by swamp-like vegetation and submerged forest. Seeing an elephant would be fantastic, but not so sure about the crocodiles....

My aim is to raise at least £3,500 in sponsorship.

PLEASE DONATE ONLINE AT

uk.virginmoneygiving.com/trekrise

OR CHEQUES MADE PAYABLE TO

"TEENAGE CANCER TRUST" CAN BE ACCEPTED – PLEASE CONTACT ME

Thank you! *Nigel*

NIGEL TURNER

Any questions?

Please contact me at nigel@nigelturner.net

WHERE THE MONEY GOES...



UNITS A Teenage Cancer Trust unit brings teenagers with cancer together, so they can support each other. Being able to talk to people going through exactly what they're going through makes a huge

difference. Teenage Cancer Trust involves young people when planning units, so you might walk into one and find a game of pool going on, someone chatting to friends on a webcam, or a group huddled by the computer. It's all about giving teenagers the chance to be themselves. Alongside all of this is a medical team of teenage cancer specialists who pool knowledge to create a body of expertise that's second to none.

NURSE CONSULTANTS Louise Soanes is the Teenage Cancer Trust Nurse Consultant for Adolescents and Young Adults at the Royal Marsden NHS Foundation Trust. Louise is a qualified RGN/RSCN with 20 years experience of working with teenagers and children with cancers in acute Trusts in London. Having completed her BSc and MSc, she is now in the second year of a Professional Doctorate.



ACADEMIC RESEARCH Teenage Cancer Trust funds the country's first Professor of Teenage Cancer Medicine, held by Professor John Radford. The Professor of Teenage Cancer Medicine leads research into why young people get cancer and how best to treat it - ultimately improving diagnosis, treatment and survival rates. Research includes:

- Delays in diagnosing teenagers and young adults with cancer
- Managing symptoms by mobile phone
- Why organisers of cancer clinical trials are neglecting teenagers and young adults.